

Safe Harbor News

**Community Report
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Mission Statement:

Safe Harbor provides prevention, intervention, education and outreach services to empower individuals, families and the community to end all forms of domestic abuse and sexual assault.

Our Vision: to create a safe and respectful community free of interpersonal violence.

You Can Be a Hero of a Safe Harbor Story...

We often see and hear the word “hero” these days. In the season when we celebrate Memorial Day and Independence Day, heroic deeds performed on behalf of our country, and the people who performed them, are an important reason for those celebrations.

At Safe Harbor we often see heroic deeds, in the form of the actions that survivors of terrible acts of violence take in order to protect their children and themselves from continued abuse. Sometimes those actions are complex and involve the legal system. Sometimes those actions may be simple—but not easy—as they involve leaving a home for the sake of safety.

Each story is unique, yet often is similar to many others we have heard. The stories we treasure are the ones which feature someone—a woman, child, or man—regain-
ing con-

trol over their life and living free of violence and abuse.

Their stories of survival - like the one below - are made possible by another set of heroes: our donors.

Our donors provide the money and goods that allow Safe Harbor to continue our work in support of our mission every day. Only 45% of our annual operating budget is presently supplied by a combination of government grant and United Way funding. This means we must rely on community support to keep our doors open. Sometimes people don't realize how important their gifts are to Safe Harbor. **Without your support there would be no Safe Harbor. You enable these stories of success.**

Here are some ways that you can be a hero for Safe Harbor:

- Name Safe Harbor as a beneficiary of your Will or your IRA



One of the ways you can be a Safe Harbor hero is to name Safe Harbor in your Will or IRA.

- Donate shares of stock that you wish to avoid paying capital gains tax on
- Make a donation in honor or in memory of someone you cherish
- Make a donation as an act of heroism for those who turn to us in dire need.

For more information on how you can support Safe Harbor, call our administrative office at 452-8611 x303.

A Heroic Story of Survival and Success

Bonnie* came to Safe Harbor in 2008 with a terrible story to tell. She had been abused emotionally and repeatedly assaulted by a close family member for years, beginning when she was a child (living here in Sheboygan County). Fortunately for Bonnie, Safe Harbor was here for her to turn to for help. Bonnie stayed

at our shelter for several months. During that time, like others who stay in our shelter, she received food, some clothing, emotional support, and therapy as well as a safe place to stay. She learned about healthy relationships and taking care of herself. In the early morning hours when she couldn't sleep because of bad memories she

had one of our trained Advocates nearby to support and comfort her. Gradually Bonnie gained the strength to leave the shelter and reclaim her life. **Today Bonnie is employed and living on her own. She is happier and safer than at any time since early childhood.**

**Bonnie is not her real name; all client identities are kept strictly confidential.*

FACTS: Domestic Violence in the United States



- **Females are much more likely than males to be victimized by a current or former intimate partner.** 84% of spouse victims are women. 86% of persons abused by a boyfriend or girlfriend are female. 75% of those who commit family violence are male.
- On the average, **more than three women per day are murdered** by a husband or boyfriend.
- **Each year, two million** women experience injuries from intimate partner violence.
- **15.5 MILLION CHILDREN** live in homes in which partner violence occurred at least once in the last year; **7 MILLION** live in families in which severe partner violence occurred.
- On a **single day in 2009, 32,524 domestic violence victims** (adults and children) were living in a domestic violence shelter or a transitional housing facility. Another **32,397** individuals received non-residential assistance and services.

Domestic Violence Facts sources and other reference information is available from Safe Harbor by request

Domestic Violence in Sheboygan County in 2009

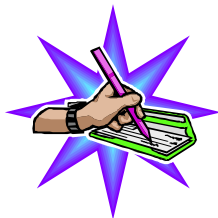
In 2009, law enforcement officers referred **467 domestic violence cases** to the District Attorney who prosecuted **441 cases**; **44 cases** were prosecuted as **felonies**; **59 persons** were charged as **repeat offenders**.

The **cases are becoming more violent**. **21%** of the cases prosecuted by the DA were **batteries**.

Of the **44 felonies** prosecuted, **18** involved the **use of a weapon**; **14** were for **strangulation/suffocation**; **9** for **substantial battery**; **7** for **reckless endangerment**; **3** were for **false imprisonment** and **2** for **stalking**.

The **majority of the domestic violence offenders were male**. **375** males were arrested, **55** were repeat offenders; **84** females were arrested; **4** as repeat offenders.

What Your Cash Donation to Safe Harbor Can Buy



All of Safe Harbor's services are **confidential and provided free of charge**. We depend on the support of the community to keep our doors open every day of the year. Here are some examples of how your donations help those who come here.

- \$15** – covers **emergency cab fare** to and from the hospital from the shelter
- \$25** – is the cost of a **baby monitor** for use in a shelter bedroom

- \$50** - provides several **clothing kits** for use in the Emergency Room when a sexual assault examination is needed
- \$100** - pays the cost for **10 nights** of shelter for one woman or child
- \$250** - provides education materials and prevention presentations to **5 classrooms of teens**
- \$500** - allows for several **hours of therapy services** to be provided to survivors of sexual assault and/or domestic violence.

St. Nicholas CEO, Stayer-Suprick Join Board

Safe Harbor is very pleased to announce that Andrew Bagnall, FACHE, and Nicki Stayer-Suprick have joined its board of directors.

Andy Bagnall joined St. Nicholas Hospital as President and CEO on March 15, 2010. He previously served as CEO, Select Specialty Hospital in Davenport, Iowa. He is a Fellow of the American College of Healthcare Executives and has served as a board member of the Iowa Medical Group Man-

agement Association. He also has a significant history of volunteer involvement in his former community.

Since its beginning nearly 20 years ago Safe Harbor has enjoyed a strong partnership with St. Nicholas Hospital, which is considered Safe Harbor's founding sponsor. We are very happy to welcome Mr. Bagnall to our board.

Safe Harbor is also excited to announce that joining the board

this year is **Nicki Stayer-Suprick**. A graduate of Lincoln College with a degree in Business and Finance, Nicki brings a variety of business experience to her role as a board member. She recently retired to be a full-time mother to her 7 year old twin boys. A lifetime member of Sheboygan Service Club, she served that group for 6 years as a community volunteer. Nicki serves on Safe Harbor's *Men Who Cook* planning committee.



Andy Bagnall and Nicki Stayer-Suprick have joined the Safe Harbor Board of Directors.



Mark Your Calendars for Men Who Cook for Safe Harbor

Safe Harbor's new signature fundraising event, **Men Who Cook for Safe Harbor**, will debut on Saturday, February 12, 2011 at The Bull. Attendees will have the opportunity to sample food prepared by accomplished amateur chefs from around the county. Other features of the event include:

~ Chefs are being recruited from area professions, busi-

nesses and organizations

~ Recipes and bios on the chefs will be published in a commemorative booklet mailed before the event

~ Chefs will prepare their choice of appetizer, salad or entrée in 2-3 oz. portions

~ Attendees will sample their choice of the chefs' specialties

will be available for bidding that evening

~ Sponsorships for the event will provide opportunities for visible support of Safe Harbor's mission

Our volunteer team of event planners is excited to bring this new event to Sheboygan County. Hope to see you there!

"I attended a Men Who Cook event in another city and it was a blast. I can't wait for Men Who Cook for Safe Harbor!"

Peggy Hansen,
Volunteer and
Former SH Board
President

2010 Safe Harbor Volunteer Board of Directors

Board Officers

Helen Stankas <i>VP, Sr. Investment Mgr., Wells Fargo Banks</i>	President
Mia McMillan <i>Director of Risk Management, Orion Energy Systems</i>	Vice President
Judy Demers, <i>AVP - Branch Manager, Johnson Bank</i>	Secretary
Adam Norlander, CPA <i>Controller, ACUTY</i>	Treasurer
John Garland <i>1st VP, Fin'l. Advisor, Morgan Stanley Smith Barney</i>	Past President

At Large Members

Andy Bagnall <i>St. Nicholas Hospital</i>	Christine Smith
Jennifer Delwiche <i>Concordia College</i>	Sheri Smith <i>Kobler Company</i>
Michelle Gentine <i>Masters Gallery Foods</i>	Nicki Stayer-Suprick
Carol Sherman Haid <i>Insights, LLC</i>	Stephanie Waldon <i>Robde Dales</i>
	Donna Weinreich <i>Sargento Foods</i>

Ex-Officio Members

Teri Strub	Executive Director
Katy Pruitt	Director of Services



**Safe Harbor of
Sheboygan County, Inc.**

Mail address:
P.O. Box 582
Sheboygan, WI 53082-0582

**24 hour crisis hotline:
920-452-7640
800-499-7640**

Non-Profit Org.
U.S. Postage Paid
Sheboygan, WI
Permit #94

We're on the web!
www.sheboygansafeharbor.org

To remove your name from our
mail list please call 920-452-8611
or email us at:
info@sheboygansafeharbor.org

We thank our
newsletter sponsor:
St. Nicholas Hospital

OR CURRENT RESIDENT

Safe Harbor provides prevention, intervention, education and outreach services to empower individuals, families and the community to end all forms of domestic violence and sexual assault.

Ways You Can Make A Difference and Create Change

As important as it is to teach girls and women to not tolerate a violent relationship, it's equally important to teach boys and men that violence is not OK. Here are some ways you can make a difference.

- 1) **Be supportive** of a person in your life who has experienced or may be experiencing violence, by listening and believing without blaming or judging.
- 2) **Start conversations** with your children, your partners, and friends about the importance of mutual respect and meaningful consent in healthy relationships.
- 3) **Practice and model behavior** that is respectful and non-violent.
- 4) **Speak up and voice objections** to violence being used to settle disputes.
- 5) **Don't buy it!** Refuse to financially support companies that promote sexual exploitation in their advertising. Be sure to let the company know why you are not buying their products.
- 6) **Talk to someone you know** who makes sexist, racist, homophobic or otherwise bigoted remarks. Explain why the behavior is not OK.
- 7) **Invite a Safe Harbor representative** to speak to your class, workplace, church or organization about nonviolent, healthy relationships.
- 8) **Urge your political leaders** to take a stand; to support laws meant to protect victims and budgets that provide needed services for victims.
- 9) **Educate yourself** about domestic and sexual violence. Read books, do research online, and seek out the diverse voices of survivors.
- 10) **Volunteer** your time, talent and energy to help raise awareness in your own community.

With each of us taking these important steps, one at a time, we will begin to see a change in ourselves, our families, our communities, and society as a whole.

Adapted from Advocates of Ozaukee, 2009